

Second Step's Social Emotional Learning (SEL) Program
Grade 6 Scope and Sequence
2023-2024

Sequence of Units & Lessons	
Unit 5: Community Rebuilding Unit *	<ul style="list-style-type: none"> Lesson 1- Returning to School Lesson
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 8- Common Types of Bullying
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 9-Recognizing Bullying
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 10- Responding to Online Bullying
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 11- How to Be an Upstander
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 12-Standing Up and Staying Safe
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Lesson 13- Performance Task - Raising Awareness About Bullying
Unit 2: Recognizing Bullying and Harassment	<ul style="list-style-type: none"> Advisory Activity - Service Learning Project - Campus Improvement
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 2: How to Grow Your Brain
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 3: Trying New Strategies
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 4: Making Goals Specific
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 5: Breaking Down Your Goals
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 6: Monitoring Your Progress
Unit 1: Mindsets & Goals	<ul style="list-style-type: none"> Lesson 7: Performance Task - Bringing it All Together
Unit 5: Community Rebuilding *	<ul style="list-style-type: none"> Lesson 2: My Values
Unit 3: Thoughts, Emotions, & Decisions	<ul style="list-style-type: none"> Lesson 14: What Emotions Tell You
Unit 3: Thoughts, Emotions, & Decisions	<ul style="list-style-type: none"> Lesson 15: Emotions and Your Brain
Unit 3: Thoughts, Emotions, & Decisions	<ul style="list-style-type: none"> Lesson 16: How Emotions Affect Your Decisions

Unit 3: Thoughts, Emotions, & Decisions • Lesson 17: Managing Your Emotions
Unit 3: Thoughts, Emotions, & Decisions • Lesson 18: What Works Best for You?
Unit 3: Thoughts, Emotions, & Decisions • Lesson 19: Performance Task - Raising Awareness About Managing Emotions
Unit 5: Community Rebuilding * • Lesson 3: Value of Friendship
Unit 5: Community Rebuilding * • Lesson 4: Community Values
Unit 4: Managing Relationships & Social Conflict • Lesson 20: You're Changing
Unit 4: Managing Relationships & Social Conflict • Lesson 21: Why Conflict Escalates
Unit 4: Managing Relationships & Social Conflict • Lesson 22: Considering Multiple Perspectives
Unit 4: Managing Relationships & Social Conflict • Lesson 23: Respectful Communication
Unit 4: Managing Relationships & Social Conflict • Lesson 24: Resolving Challenging Conflicts
Unit 4: Managing Relationships & Social Conflict • Lesson 25: Making Amends
Unit 4: Managing Relationships & Social Conflict • Lesson 26: Performance Task - Conflict Solvers
Unit 5: Community Rebuilding * • Lesson 5: Making Our School Community Better

*The Community Rebuilding Unit is designed to be utilized at the beginning of a school year, after a holiday break, or after an extended closure.

Other Grades 6-8 Second Step Resources for All Staff

→ Click on “Program Supports” within your created class, then:

- ◆ Click on “Classroom Supports” for additional strategies to teach Second Step lessons and create an effective environment for SEL.
- ◆ Click on “Schoolwide Supports” for resources to support social-emotional learning beyond the classroom.

→ **Advisory Activities**

- ◆ Foster a sense of school community and build strong teacher-student relationships with class challenges.

→ [Additional Resources for Educators and Families](#)

- ◆ Activities, Lessons, & Materials Grades 6-8

Professional Development: “Revisiting Implementation” Training presented by Dr. Baldwin, 3/2022, is located in the XDrive - Second Step - Professional Development folder.